## Idaho Network of Care



community-based Web portal program which is a resource for individuals, families, and agencies. To learn more, visit Idaho's Network of Care Sites at:

http://
idaho.networkofcare.org.

or

www.swdh.org





Public Health
Prevent. Promote. Protect.

A few highlights of the tools available through Idaho's Network of Care website....

- ⇒ Community Health Indicators: local, state, and national data covering everything from smoking to obesity rates.
- ⇒ Library:
  - ⇒ Medical articles on a large variety of medical conditions.
  - ⇒ Articles are updated regularly.
  - ⇒ List of interactions and side effects of medications.
  - ⇒ Descriptions of various medical tests and procedures.
  - ⇒ A comprehensive list of contact information for local and national support groups for a variety of health concerns.
  - ⇒ Interactive quizzes and calculators to help you learn more about your health.
  - ⇒ A symptom checker that helps you discover the cause of your symptoms.
- ⇒ Links: to local, state, and national government agencies and non-profit organizations.
- ⇒ Legislate: Contact your legislators and track current health related legislation
- ⇒ My Personal Health Record (My PHR): create a personal login and track your medical information. Prescriptions, medical conditions, tests, treatments, and legal documents can all be stored in a secure environment and in one convenient place.
- ⇒ Miscellaneous:
  - ⇒ The entire Network of Care site can be viewed in a number of different languages.
  - ⇒ Articles and information can be shared easily using popular social media sites.
  - ⇒ Large print is available for people with less than perfect vision.
  - ⇒ ALL OF THIS IS FREE FOR THE PUBLIC!